

## Class Enrollment

To enroll in class, please return the completed registration form to the address below or register by phone at **270.251.4580**.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Age: \_\_\_\_\_

Baby's Due Date: \_\_\_\_\_

Do you receive any of your care through the Health Department?  Yes  No

If so, what county: \_\_\_\_\_

Marital Status  M  S  D  W

Husband  Labor Partner

Is this your first baby?  Yes  No

### Mail form to:

New Beginnings Birthing Center  
1099 Medical Center Circle  
Mayfield, KY 42066

**P:** 270.251.4185 **F:** 270.251.4158

# Preparation for Childbirth

Having a baby is an exciting event. Preparation for childbirth helps you to be fully involved in the birth of your baby. Taught by certified childbirth educators, this class will prepare you, the expectant mother and your loved ones with the facts about labor and delivery including both information and techniques to handle the labor process. This series should be started by the 7th month of pregnancy.

**Preparation for Childbirth** is a five-week series, held on **Tuesdays from 6:30pm - 8:30pm** on the following dates:

**March:** 7th, 14th, 21st, 28th

**April:** 11th, 18th, 25th, **May 2nd**

**July:** 11th, 18th, 25th, **August 1st**

**September:** 5th, 12th, 19th, 26th

**November:** 7th, 14th, 21st, 28th 6p-8:30p

### One day Saturday classes 9a-4a

**February:** 18th

**May:** 20th

**June:** 10th

**August:** 19th

**October:** 21st

**December:** 2nd



**Jackson Purchase  
Medical Center**

This facility and its affiliates comply with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-270-251-4100.

注意:如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-270-251-4100。

